

Systemic Lupus Erythematosus (SLE) with Lupus Nephritis in a 15 Year-old Male – A Case Report

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Abstract: Systemic Lupus Erythematosus is a chronic autoimmune inflammatory disease that can affect any part of the body. Lupus nephritis is one of the most common and most important, serious manifestations of SLE particularly for male. We present a case of 15 year old male that is diagnosed with a Systemic Lupus Erythematosus (SLE) based on 6 of the American College of Rheumatology (ACR) diagnostic criteria developed, namely: malar rash, arthritis, photosensitive, kidney disorder (hematuria) immunological disorders (positive Anti-DSDNA) and blood disorders (anemia, leukopenia) the results of the kidneys biopsy indicated the patient already developed lupus nephritis. The patient responded very well with corticosteroid. Although male patient with SLE is not commonly seen, the manifestations are life threatening an early detection of disease will lead to better outcome of the patient. Antimalarial drugs hydrochloroquinone is useful in patients with SLE glomerulonephritis. In consequences of their numerous beneficial effects, antimalarial appears to have a protective effect on survival in SLE

Keywords: Systemic Lupus Erythematosus, Lupus Nephritis, Male SLE, Hydrochloroquinone



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