

Nest in the cities: For an integrated, multidisciplinary educational approach to support well-families and children in early childhood.

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Abstract

NEST (Nido Education Services Territory) is an Italian educational project for children aged 0-6 and their families. It aims at mobilizing and supporting the most vulnerable families in four Cities (Naples, Rome, Milan and Bari) to access education and other developmental opportunities for Children; to offer quality socio-educational service for children through active involvement of parents; Furthermore the project coordinates local services through personalized and flexible paths, especially those dedicated to pregnancy and the phase immediately following childbirth. In addition NEST seeks to intercept vulnerabilities early and to implement projects that address the core problems facing families and in particular children. The Project creates four educational Hubs based with an integrated multilevel approach.

From an operational point of view, the Project includes:

- Mapping of services, linking and integrating families into educational, social and health services for early childhood development in the four cities;
- Facilitating and coordinating pediatricians, midwives, social and health workers operating in the four Educational Hubs to reach and support families through group meetings, mentoring and education
- Provide a two tier innovative daily educational service:
 - I. An Educational and Custody Service (SEC) for children (0-3 years) who have not had the opportunity to access the municipal nursery.
 - II. Recreational activities for parents including pregnant women, Children and the new born.
- The design of the education approach is participatory providing parents with different competencies to share their skills with the different work groups. Pianoterra enhances these competencies through provision of training, mentoring and exposure of the participants to scenarios that facilitate them to migrate from their current state of vulnerability to self-reliance and family strengthening for the benefit of Children
- Integrated care of families through the design of personalized intervention paths for minors in absolute poverty, guidance and accompaniment of families to local services and support for access and usability of forms of material support.

In two and a half years of activity Nest has reached over 800 children, involved in educational programs over 140 children from 0 to 3 years.

Keywords: Pediatrics Complex Chronic Conditions, Pediatric Complex Chronic Patient, Identification, Scale

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